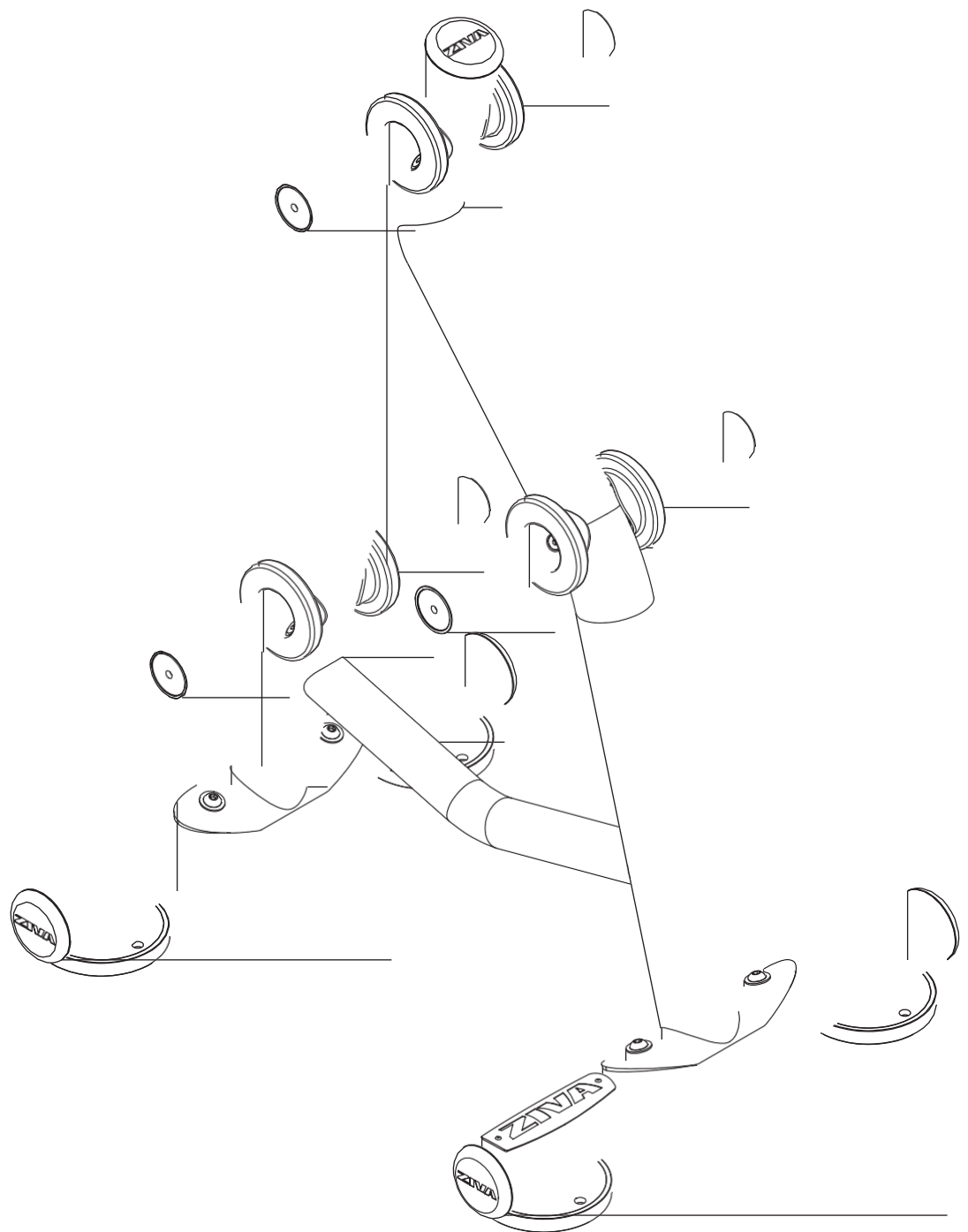




MAX LOAD CAPACITY : 500kgs/1100lbs

⚠ CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

HOW TO CONTACT CUSTOMER CARE

If you have questions after reading this manual, or if parts are damaged or missing, please contact

Customer Care below.

PLEASE CONTACT:

VARTEX AB

Batterivägen 14

432 34 Varberg

Sweden

Email: service@vartex.se

+46340-646000

www.masterfitness

IMPORTANT PRECAUTIONS

**WARNING:**

To reduce the risk of serious injury, read all important precautions and instructions in this manual and all warnings on this product before using this product.

1. Before beginning any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.

2. Use this product only as described in this manual.

3. It is the responsibility of the owner to ensure that all users of this product are adequately informed of all precautions.

4. Keep this product indoors, away from moisture and dust. Do not put this product in a garage or covered patio, or near water.

5. Place this product on a level surface, with a mat beneath it to protect the floor or carpet from damage. Make sure that there is adequate clearance around this product.

6. Inspect and properly tighten all parts regularly. Replace any worn parts immediately.

7. Keep children under age 12 and pets away from this product.

8. Wear appropriate clothes while exercising; do not wear loose clothes that could become caught on this product. Always wear athletic shoes for foot protection while exercising.

9. Over exercising may result in serious injury or death. If you feel faint or if you experience pain while exercising, stop immediately and cool down.

10. The equipment shall be installed on a stable base and properly leveled.

11. MAX LOAD CAPACITY: 500kgs/1100lbs.

**WARNING**

MAX500kgs

MAX1100lbs

When you see this warning label this indicates that at this position the max recommended loading is 500kgs/1100lbs.



**WARNING**

PINCH POINT
Keep Hand & Fingers Clear

When you see this warning label please take care as this is indicating a potential pinch point for hands and fingers.

BEFORE YOU BEGIN

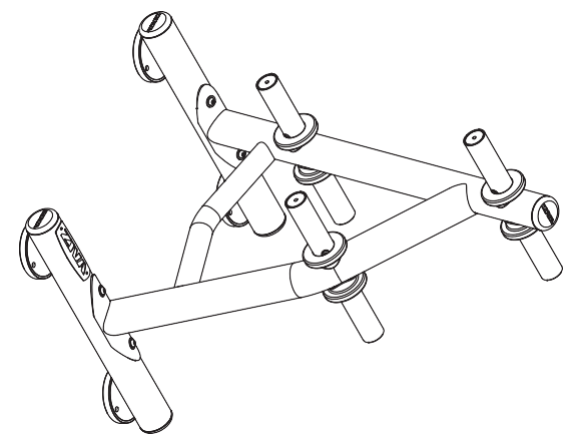
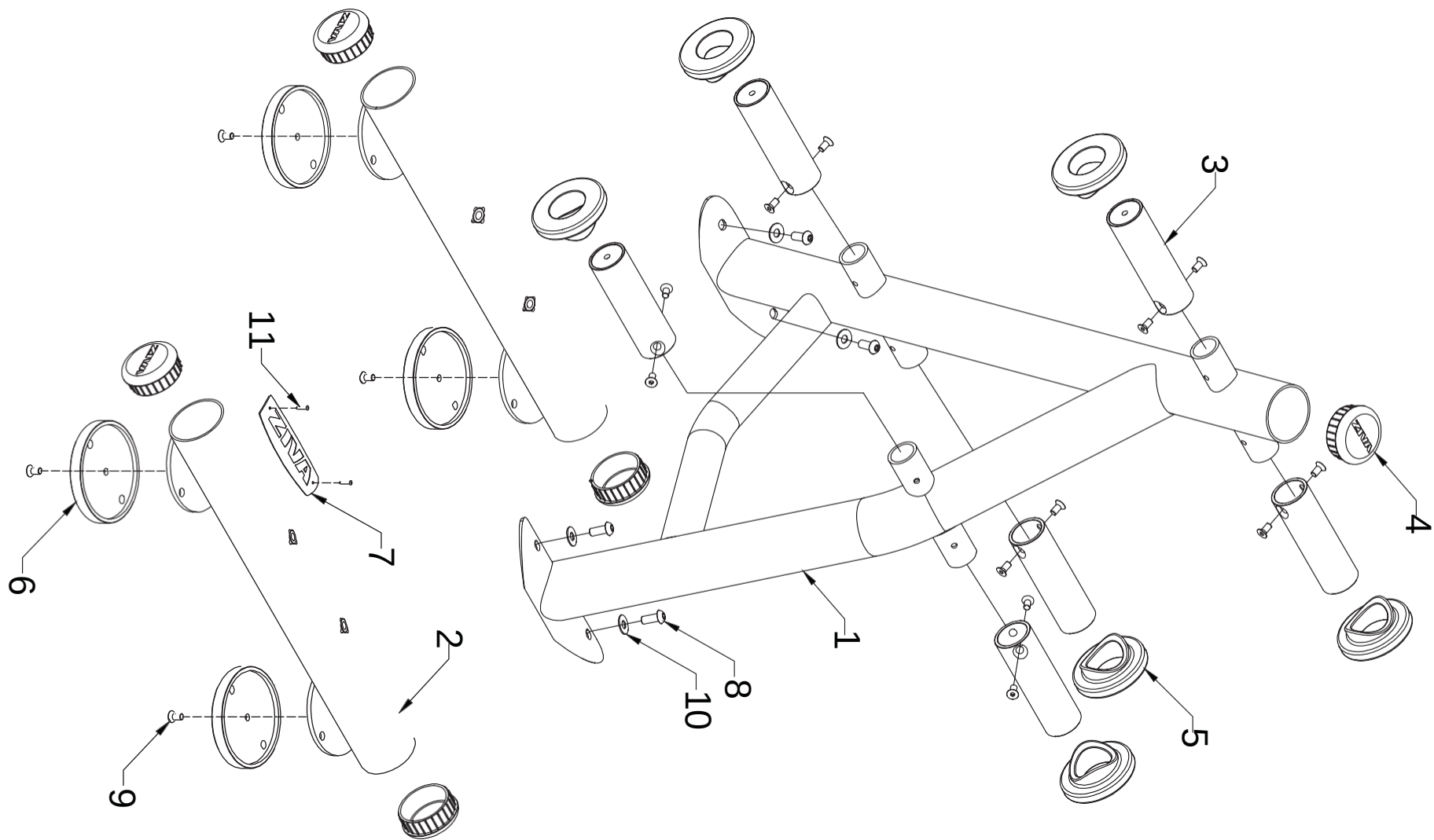
For your benefit, read this manual carefully before using this product. To help us assist you, note the product model number and serial number before contacting us. The model number and the location of the serial number decal are shown on the front cover of this manual.

MAINTENANCE

Keep all parts properly tightened . Clean this product using a soft cloth dampened with warm water and mild soap. If necessary, use a soft bristle brush with the cleaning solution. Then, rinse the product using a soft cloth dampened with clean water and thoroughly dry it.

Description	Daily	Monthly	Yearly
It is recommended to cleaning the machine daily	√		
Visual inspection of all bolts and moving parts	√		
Safety inspection head cushion, seat cushion, back cushion	√		
The stability inspection machine mats	√		
Check all the bolts and tighten		√	
Yearly inspection to check machine is fit for use			√

EXPLODED DRAWING



Note: Specifications are subject to change without notice. To order replacement parts, see the information below. *These parts are not illustrated.

Assembled Dimensions

Depth: 1086 mm
Width: 730 mm
Height: 620 mm
Weight: 29 kg



PARTS LIST

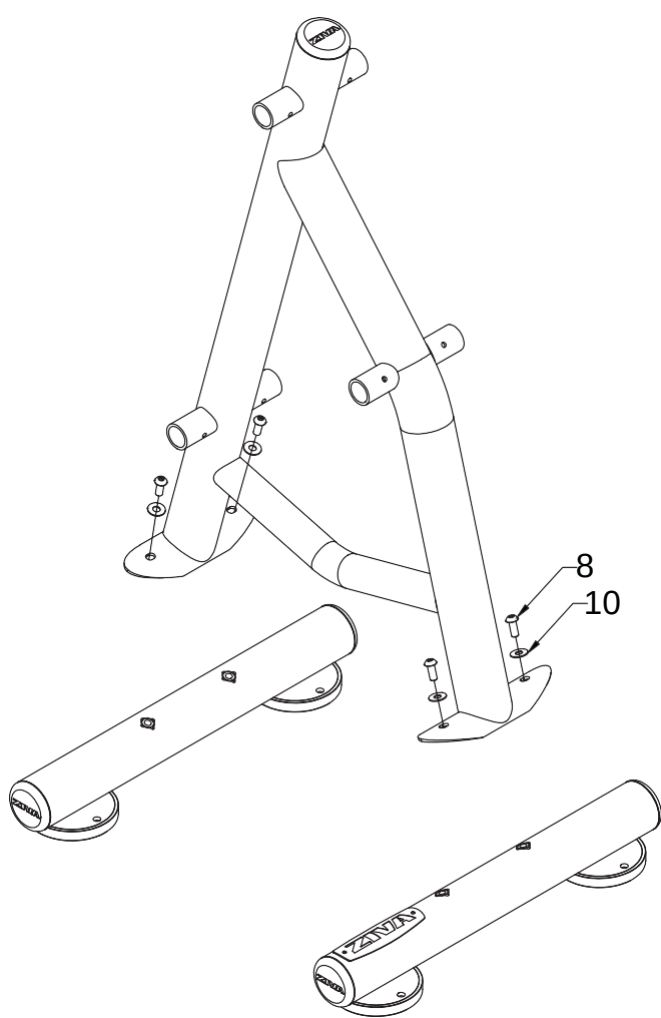
Number	Description	Total	Where use
1	Bolt(M10*25)	4	Step 1
2	Arc Washer(Φ10.5)	4	Step 1
3	Steel Tube	6	Step 2
4	Bolt(M8*16)	12	Step 2
5	Rubber Sleeve(Φ100*37)	6	Step 3



ASSEMBLY INSTRUCTIONS

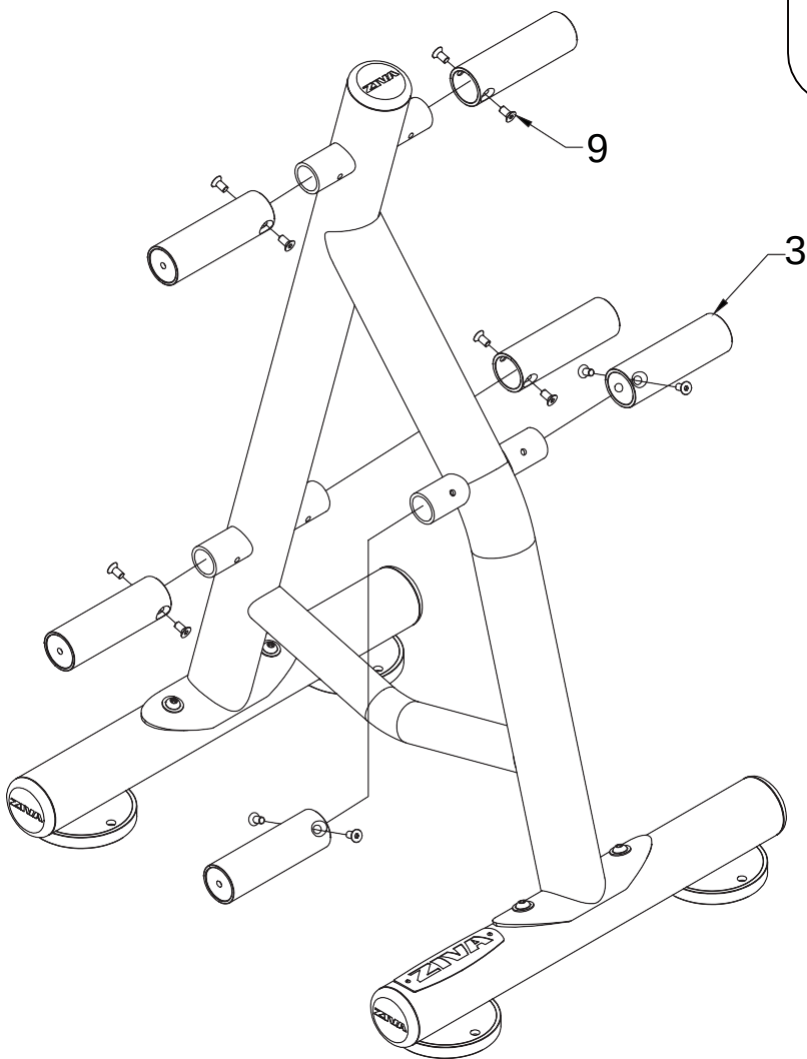
Step 1 Frame Detail

Item	Description	sketch	Qty
8	Bolt(M10*25)		4
10	Arc Washer(Φ10.5)		4



Step 2 Frame Detail

Item	Description	sketch	Qty
3	Steel Tube		6
9	Bolt(M8*16)		12



ASSEMBLY INSTRUCTIONS

Step 3 Frame Detail

Item	Description	sketch	Qty
5	Rubber Sleeve (Φ100*37)		6

